

**Registration form:** please, fill in this form and send it with a curriculum vitae before October, 15th, 2010 via email to [gianni.francesetti@gestalt.it](mailto:gianni.francesetti@gestalt.it) or via snail mail to Gianni Francesetti, Via Cibrario, 29 - 10143 - Torino - Italy



Name

Last Name

Place and date of birth

Postal address

Country

E.mail address

Cellular phone

Other phone

Main occupation

Degree

I have been trained in gestalt therapy with

Personal interest in attending the training

I hereby authorize the use of my personal details solely for circulation within the company in relation to the Italian Legislative Decree n° 196/2003

Place and date

Signature

Post-Graduate School of Psychotherapy approved by the Italian Minister for Universities (DD.MM. 9/5/94; 7/12/011; 24/10/08)

*The therapist needs his conception in order to keep his bearings, to know in what direction to look. It is the acquired habit that is the background for this art as in any other art. But the problem is the same as in any art: how to use this abstraction (and therefore fixation) so as not to lose the present actuality and especially the ongoingness of the actuality? And how - a special problem that therapy shares with pedagogy and politics - not to impose a standard rather than help develop the potentialities of the other?*

*Perls, Hefferline, Goodman*



A. Benetti, Porta del paradiso (Heaven's door)

## Gestalt Therapy Approach to Psychopathology and Contemporary Disturbances

Scientific Director:

Margherita Spagnuolo Lobb, Dr. Psychol. Psychoth.

Program Coordinator:

Gianni Francesetti, Dr. Psychiatr. Psychoth.

Two Years International Training Program  
2010-2012

[info@gestalt.it](mailto:info@gestalt.it)  
[www.gestalt.it/italy](http://www.gestalt.it/italy)

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## Main Topics:

1. **M. Spagnuolo Lobb, G. Francesetti**  
**November, 17-21, 2010**
  - Gestalt therapy approach to psychopathology and diagnosis (I).
  - Phenomenological field, anxiety and emergent Gestalten.
  - “Personality disorders” as creatively adjusted Gestalten (I): narcissistic experience.
  - Anxiety and emergent Gestalten (I): panic attack and phobias.
2. **J.M. Robine, M. Spagnuolo Lobb**  
**Spring 2011**
  - Gestalt therapy approach to psychopathology and diagnosis (II).
  - Anxiety, shame and their Gestalten.
  - “Personality disorders” as creatively adjusted Gestalten (II): borderline experience.
  - “Identity difficulties” as field emergent Gestalten: psychotic experience.
3. **C. Vazquez Bandin, G. Francesetti**  
**Autumn 2011**
  - Losses, trauma and their Gestalten.
  - Anxiety and emergent Gestalten (II): obsessive and compulsive experience.
  - Depressive experience and its Gestalten.
4. **M. Spagnuolo Lobb, G. Francesetti**  
**Spring 2012**
  - When the body is the emergent dysfunction: psychosomatic disturbances, experiences of dependency, anorexia, bulimia and other forms of alimentary disorders.

As Gestalt therapists, how can we approach psychopathology and diagnosis?

How our theory opens new horizons on human suffering and contemporary disturbances?

How the understanding of clinical issues is enhanced by our radical contact-boundary perspective?

How this changes our daily practice in supporting people who suffer?

This International Training offers the possibility to explore main clinical issues throughout the Gestalt therapy theory and to find new keys to understand and support specific kinds of suffering. This exploration will provide a paradigmatic method in approaching psychopathology and diagnosis and connecting them to the clinical practice and to the wider social field.

### Location:

Rome (address will be communicated to participants)

### Language:

English

### Year Schedule:

Two 5 days seminars per year (from Wednesday to Sunday)

### Cost:

€ 600 per seminar (board and lodging excluded)

€ 450 for people living in Eastern Europe

### Credits:

Continuing education credits from the Italian Minister of Health

### Participants:

Maximum 20 people, previous training in gestalt psychotherapy and a minimum of clinical experience is required

### Information:

[www.gestalt.it/italy](http://www.gestalt.it/italy)

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### Accommodation:

Information on different categories of accommodation in the area where the training will take place (the historical center of Rome) will be provided

### First seminar:

November 17-21, 2010